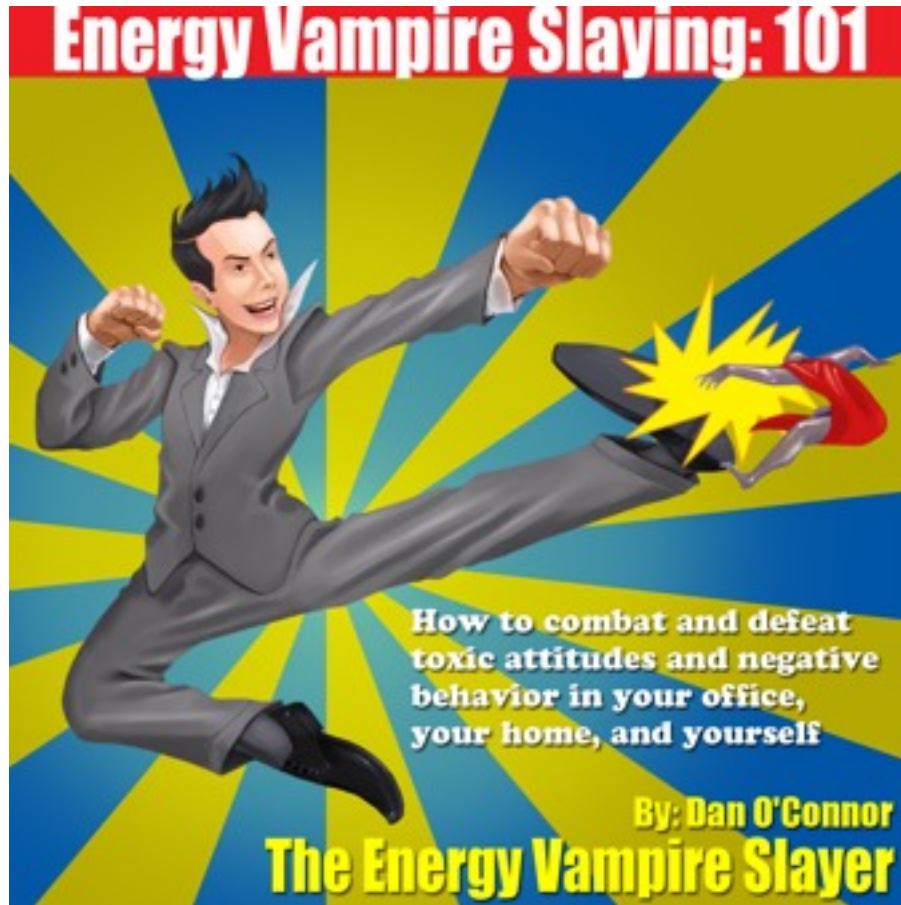


ENERGY VAMPIRE SLAYING: 101--SLAYER PRINCIPLES

ENERGY VAMPIRE SLAYING: 101



SLAYER PRINCIPLES

SLAYER PRINCIPLES

Light casts out darkness.

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**Energy Vampires hate the light
and can't live in it.**

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**What Energy Vampires say and
do is about *them*, and a
reflection of *them*.**

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**What you say and do is about
you and a reflection of *you*.**

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**Every Slayer needs a few good
magic power phrases.**

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**A Slayer is in the *response*
mode, as opposed to the
reaction mode.**

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**Out of control emotions make
sane people crazy, and smart
people stupid.**

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**Every person you meet from
now on is your *assignment*.**

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**What's true on *any* level is true
on *every* level.**

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**Words are the most powerful
things that exist. They are what
create and destroy.**

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SLAYER PRINCIPLES

Whatever effect your words have on others, they will have the exact same effect on you.

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If you have the right words you can do *anything*.

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Slayers keep danger phrase and power phrase lists.

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You are in charge of every relationship in your life.

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You must do different *things* to get different *results*.

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Stay on message.

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What gets *rewarded* gets *repeated*.

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Slayers don't use words of death.

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EVs expect a certain result from their behavior--give them something other than what they're expecting, and it throws them off course.

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People treat you the way you *allow* them to treat you.

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SLAYER PRINCIPLES

We *train* people how to treat us.

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**Those who gossip *with* you
gossip *about* you.**

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**You can't shine bright light
without charging your own
batteries. Feed your body, mind,
and spirit with things that
nourish them.**

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**In your defenselessness your
safety lies.**

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**It is not our job to teach Energy
Vampires a lesson; it is *their* job
to teach *us* a lesson.**

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Hurting People Hurt People.

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**The Slayer asks not to win the
war, but to be raised above the
battlefield.**

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**It is an impossibility that people
will treat me better than I treat
myself.**

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**You must say *yes* to yourself
before you can say *no* to others.**

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**I can choose to be *kind* rather
than to be *right*.**

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SLAYER PRINCIPLES

If EVs knew how to show us their greatness while getting their needs met *they would*.

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I am my brother's keeper.

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You are always either spreading light, or spreading darkness. Even if just for today, focus on spreading light.

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Today is about me. Every experience I have is about me. It's all about me.

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Difficult people and EVs appear to show us who *we* are.

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In this moment, I am either conforming, or transforming-- the choice is mine.

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I am here to show the world what greatness looks like.

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I am kind out of self-interest.

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Never let *facts* get in the way of the *truth*.

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Energy Vampire Slaying is all about me, not about the EVs.

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SLAYER PRINCIPLES

**The question is not what to *do*;
the question is who to *be*.**

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***Every moment of every day you
are making a choice that will
bring you either closer to, or
farther away from, your destiny.***

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**Every person you meet from
now on is your assignment.**

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***Your gift is your curse and your
curse is your gift.***

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***A Slayer has something to write
with and something to write on
at all times-- always always
always. No exceptions.***

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**How you do anything is how
you do everything.**

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**How you treat anyone is how
you treat everyone.**

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**Time is the coin of my life, and I
will choose how to spend it.**

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**The better someone feels while
around you, the more power
you *both* have.**

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**What you invest in shows, and
what you focus on grows.**

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